



INTERVIEW WITH DR. LOCK #08

3.11: The Great East Japan Earthquake Disaster, Tsunami, Fukushima Nuclear Hazard (FNH), CHEF, HMS, and the animus

shima: To begin, I would like to announce to readers that we are changing the central theme of this interview from *Time Travel* part 2 to *3.11 Great East Japan Earthquake Disaster and Fukushima Nuclear Hazard (FNH)*.

I have already released WMS Extra Edition, expressed condolences and shared my insights on this serious Japanese crisis. I want to talk about these themes with Dr. Lock in this interview.

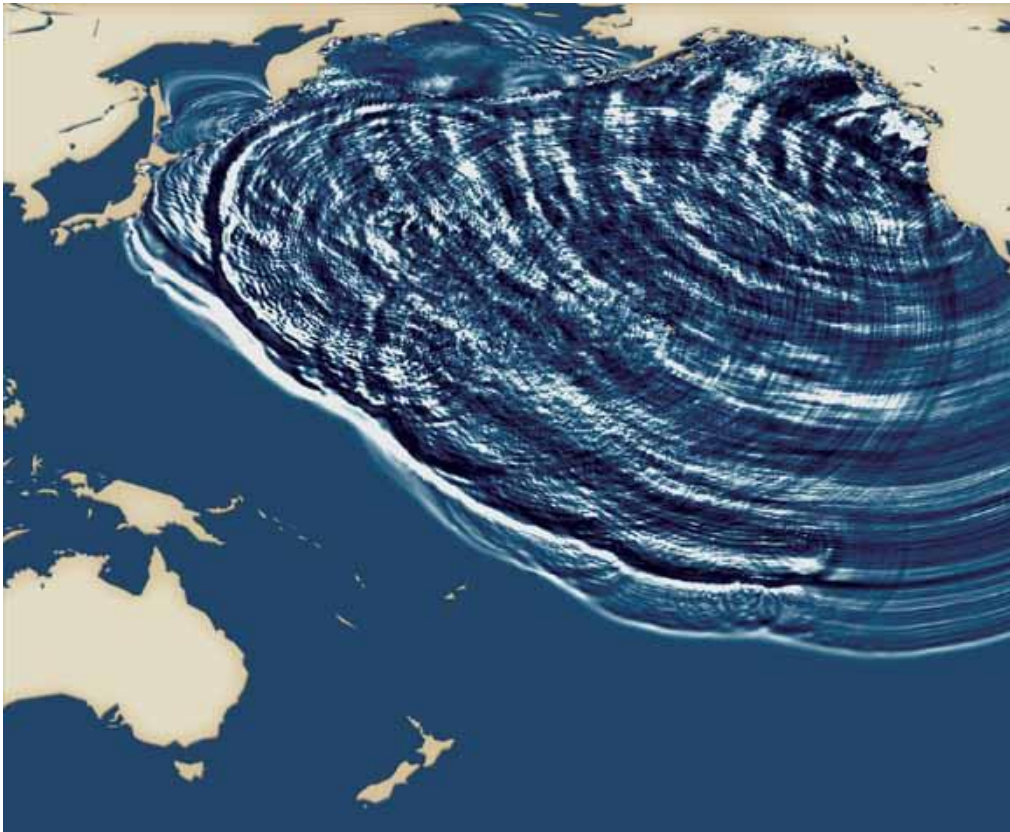
First I would like to hear a general message from the Dr. to people about this disaster.

Dr.: First, I would like to add my sincerest condolences to all those who have lost so much in this triple disaster. I wish I had better or more encouraging news for you and the future, but we live in a time of great change and decision for humanity and as James has said these years offer significant hurdles for humanity to traverse.

Please note that the contents of this interview are not intended to cause alarm. This general introductory message is merely a synopsis of the news from outside Japan that has been presented by some of our most qualified and knowledgeable nuclear scientists. Armed with knowledge as well as your understanding and attunement from your insightful interactions with the WingMakers material (WMM) you will be better equipped to not just survive and recover from this triple disaster and any future similar disasters but you will be better able to spiritually, mentally, psychologically and physically assist others too.


Nature, in the form of the sea, has claimed some of the former coastline in Tohoku and as reconstruction begins in the area I hope people refrain from just attempting to rebuild over what the sea has claimed, for there may well be more to come – not just for Japan, but Japan will very likely feel this again. It is a time to listen to and be attentive to nature and its messages and warnings. In the past year there have been massive earthquakes in three corners of the Pacific Ring of Fire: Chile M8.8, Christchurch New Zealand M7.1, and Tohoku, Japan M9.0. This may have created tensions in the upper N.E region of the Cascadian fault line and the San Andreas Fault Line.

Three hundred and eleven years ago the Cascadian fault line shuddered with an estimated M9 earthquake that sent a tsunami racing across the Pacific and crashing into Japan causing devastation that was recorded at the time by a Japanese writer in 1700. This is the Japanese so-called Orphan Tsunami, because it came without warning and without an earthquake preceding it.



<http://pubs.usgs.gov/pp/pp1707/images/coverphoto.jpg>.

It is known the Cascadia fault shakes around every 300 years and earth scientists are already expecting its next shake sometime in the near future. You can see from this USGS (US Geological Society) article and tsunami map at link: <http://pubs.usgs.gov/pp/pp1707/> that it will hit the same Tohoku region again – and other areas along the Japanese Pacific coastline. Billy Meier has also predicted this will be a M9 quake that will stretch for about 300 kms and cause massive damage on the American west coast resulting in many lost lives. We know from our scientists alone that this Cascadia quake will happen in the near future. It will probably also cause extensive damage to many beautiful beachfront and canal-based McMansion homes in Queensland Australia which are at approximately sea level, and also Hawaii, Micronesia, the South Pacific, north New Guinea, and New Zealand, especially the north shore of North Island, will presumably feel the full brunt of this tsunami.




If this were not enough we know that a massive future quake is also coming to San Francisco and the San Andreas Fault (mentioned in the previous WM supplement issue) that was visited by Billy Meier as he was taken into the future there where he took many photos of the quake's damage, the photos being witnessed by up to 12 people, among them the late Wendell Stevens. While we do not know when these two quakes will occur we do know they are said to be happening soon. They may not necessarily, of course, occur this year of 2012 or next, but we do not know for sure and so should be on our guard and prepared for them. Meier has indicated, however, that this San Francisco Big Quake will occur after his death.

We are only at the beginning of the year 2012, in which coronal mass ejections (CME) will in all probability lead to changes in the earth's magma currents or conditions, and the earth's magnetism. These in turn will likely result in increased storms and hurricanes of high intensity, and earthquakes and tsunamis. These CME could affect any of our sophisticated electrical equipments from personal mobile phones and other electrical devices in cars and the office to computers and satellites. As a recent Discovery TV program a year or two ago informed on worldwide cable TV, electrical power stations could also be threatened and their transformers blow out causing loss of electricity on any device and any place from small localized areas to complete national shutdowns for many months if not longer than a year.

As mentioned, these CME could also affect our earth's magnetism and gravity waves. In a worse-case scenario they could really knock our societies down onto the canvas for a while. So we need to be as prepared as we can and not start building in dangerous coastal areas. It is time to listen to the voice of nature and one's own Intuitive Intelligence -- not one's imagination and simple wishful thinking; and to live from the heart frequencies of humility, forgiveness, compassion, understanding, valor and appreciation so that our human behavior is that which most benefits all people; people who are the custodians and deciders of our planet's health.

Nuclear engineer and Three Mile Island expert Arnie Gunderson at www.fairewinds.com has brought to everyone's attention the fact that, as announced by the Japanese media, plutonium has been found up to 2 miles from the Fukushima Dai Ichi plant and he concludes it is almost certain that the number 3 plant experienced what he calls a detonation that vaporized the plutonium in the thousands of highly radioactive spent fuel rods that were all sent flying up into the sky during the explosion there.

We can see from the high quality photographs of #3 plant that those spent fuel rods are no longer there. Such a disaster did not occur at Chernobyl because it had only been in operation for three



months prior to the accident. Gundersen contrasts this number three plant explosion with the lesser deflagration explosion at number 1 plant. Uranium, presumed to be from this #3 explosion has been found in air filters as far away as Hawaii. See the Gundersen video here: <http://www.forbiddenknowledge.com/page/1627.html>.

November 2011 Gundersen reports showed that air filters in Tokyo cars were quite heavily tainted with radioactivity, though about 1/10 the level in Fukushima itself where car filters were very badly tainted with radiation. Even Seattle had levels 60% those of Tokyo in car filters. This is a problem because it is estimated that the human lung takes in about the same amount of air as a car filter in a day.

Gundersen had a 20 February 2012 bilingual English/Japanese interview at the Japan National Press Club. It is recommended viewing and you can see it here: <http://fairewinds.com/content/arnie-gundersen-japan-national-press-club>.

Owing to the sensitivity of this subject in Japan the remainder of this interview covering the FNH is not being uploaded here in Japan. You can read it in English at a CNN iReport here: <http://ireport.cnn.com/docs/DOC-752387>.

RADIATION

Some things that can help:

It would be amiss not to mention some things you could do to potentially help with the radiation problem. Food wise the traditional Japanese diet is a great help here and it could really help reduce the scientifically calculated cancer risk estimates you can find at the ireport link above. This especially goes for all the seaweeds, notably kelp or konbu. With any radiation pollution of the Pacific Ocean, however, we are going to have to watch very closely for radiation content of seaweeds -- and, of course, fish and seafood -- since they readily absorb and concentrate these isotopes as you no doubt know. Just because sea produce may be radiation free one day does not mean it will be radiation free the next. All produce needs constant checking. We probably have all taken in some radiation from this accident so to help combat unknown radioactive consumption I take a number of the following products that you might be interested in checking out for yourself:

Modiflan: an excellent product of Japanese kelp that was used to heal Chernobyl victims with great success. If people want this, shima, we could perhaps import some at cost for readers and their families. At bulk we can get it even cheaper. Many in Japan, however, will probably already have their own favorite supplier of seaweeds. Modiflan comes from a radiation-free source. I have also been assured that they will be checking all produce and should the area up near Russia where it comes from become contaminated they will procure supplies from the New Zealand area.



The following is taken from the ebook by Russell Blaylock MD *Nuclear Sunrise*, "Protection from Radiation."

Nutrients used in DNA repair (impaired DNA increases the risk of cancer) may be useful. These include: folate (800ug), vitamin B6 (50mg), niacinamide (500mg) and methylcobalmin.

Other vitamins and produce: Ginkgo Biloba; vitamin E (only mildly and in natural form); vitamin C; carotenoids beta-carotene, alpha-carotene, lycopene, lutein; Echinacea; curcumin; quercetin; ginseng; basil; garlic; chlorella; selenium; melatonin; magnesium; zinc; Alpha-lipoic acid; ginger; rosemary extract; green tea (I take a good pot of *sencha* three times a week) or green tea extract (though extract can contain 100X levels of EGCG which some studies show can be toxic to the liver); resveratrol; hesperidin and grape seed extract.

For vegetables, be sure to wash them thoroughly, though this is only effective in the early days of radiation emissions and recent contamination from the air. We need to watch for contamination from soil and ground water that seeps up into the plants because this cannot be washed off, and do remember the internal ingested radiation in food and water is, according to Gundersen and other scientists, by far the greater cause of increased fatal cancers:

kale, collard and mustard greens, cauliflower (and I believe broccoli) celery, and Brussels's sprouts. Also I have heard that barley juice or the powdered form is excellent too, and this is available at discount drug supermarkets here in Japan for just 500 yen for a box of sachets.

I avoid sugar and high fructose corn syrup (*mizu ame*). These not only have no nutritional value, they rob the body of its existing nutrients.

I presume you are already aware of potassium iodide. As doctors and instructions indicate, only take this if there is a severe acute exposure in the microsievert range as it can have considerable side effects, though rarely on young people. Check with your doctor when to take it.

There are many other products that you no doubt are aware of, but there should be a number of things in this list that are available locally or if you are up north try to obtain them from southern Japan or the internet for increased safety. This is just because we are looking at a chronic, fairly long-term radiation situation of varying intensities and weaknesses here in Japan.

Here is an update for 6 Feb 2012 from Gundersen which he summarizes in his Japan National Press Club interview (link above):

Fairewinds analyzes cancer rates for young children near Fukushima using the National Academy of Science's BEIR (Biological Effects of Ionizing Radiation) VII Report. Based on BEIR VII, Fairewinds determines that at least one in every 100 young girls will develop cancer for every year they are exposed to 20 millisieverts [millisievert (1 mSv = 0.001 Sv)] of radiation. The 20-millisievert/ year figure is what the Japanese government is currently

calculating as the legal limit of radiological exposure to allow habitation of contaminated areas near the Fukushima Daiichi nuclear power plant. In this video, Fairewinds introduces additional analysis by Ian Goddard showing that the BEIR VII report underestimates the true cancer rates to young children living near Fukushima Daiichi. Looking at the scientific data presented by Mr. Goddard, Fairewinds has determined that at least one out of every 20 young girls (5%) living in an area where the radiological exposure is 20 millisieverts for five years will develop cancer in their lifetime.

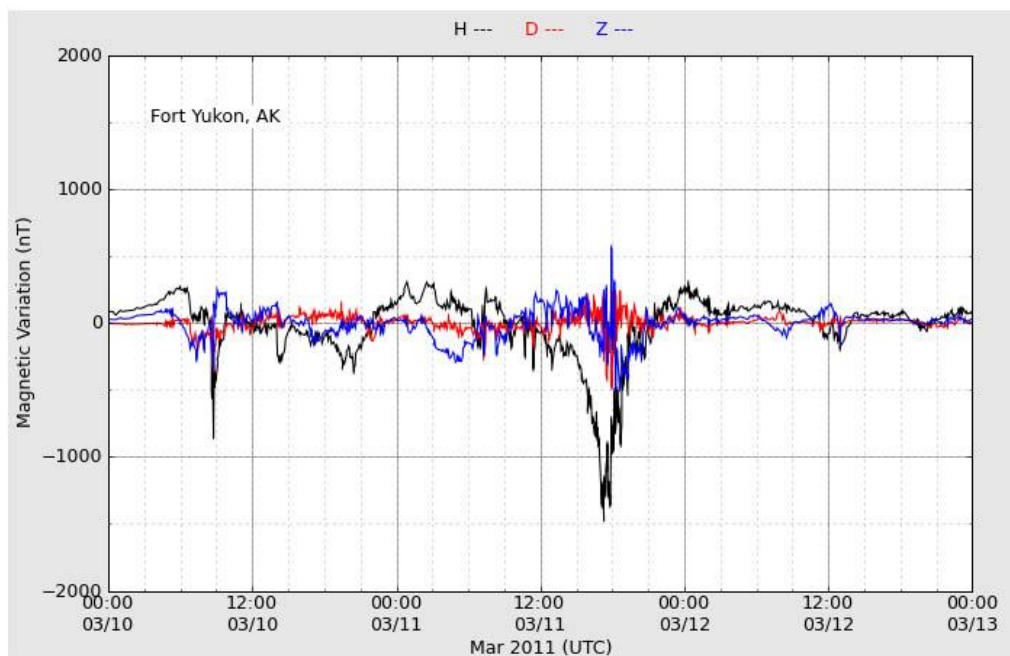
This scientific presentation can be seen here:

<http://fairewinds.com/content/shining-light-triple-meltdown-fukushima-daiichi>.

shima: Thank you for sharing this information, Dr. This interview is very hard and serious to Japanese. But, I believe this interview is really useful to people seeking truth of FNH, and this will bring controversy among readers.

I would like to go ahead with other topics.

Probably many people have found that earth magnetism showed comparatively large changes after 3.11. (Not before 3.11)



<http://www.asf.alaska.edu/program/gdc/project/magnetometer>

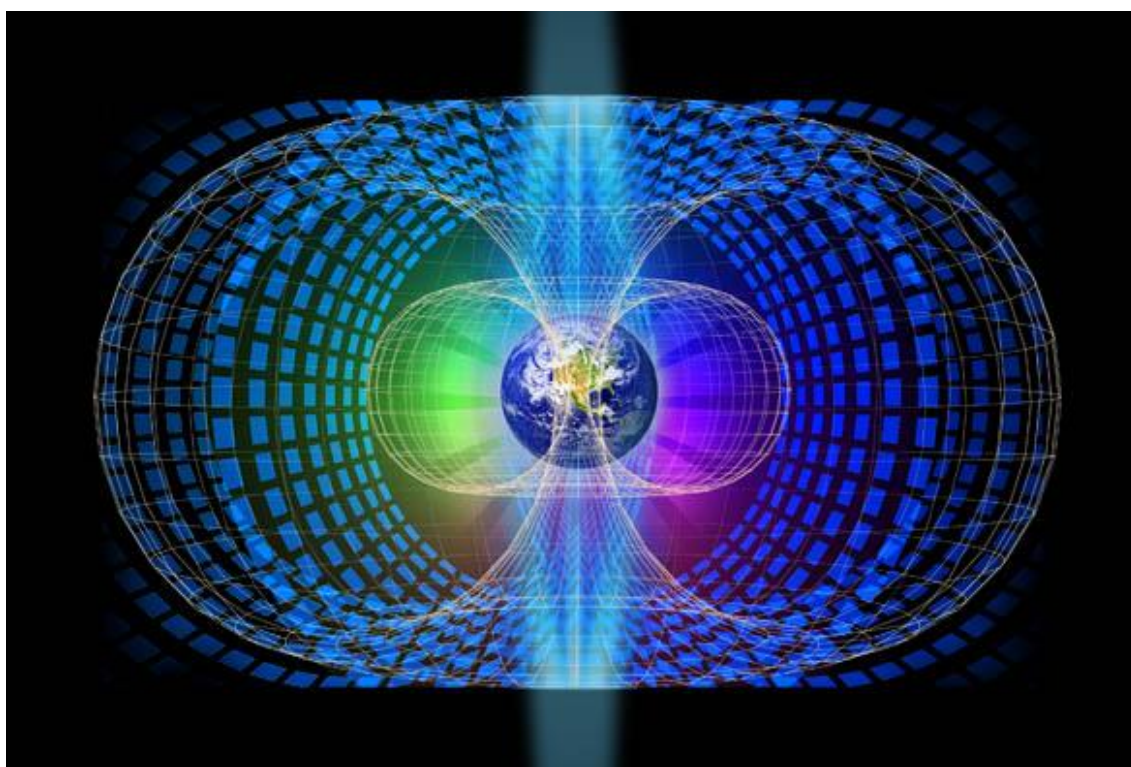
This chart is Fort Yukon of Alaska, but many other satellites also recorded similar change. This

change of earth magnetism invokes the chart of 9.11 in “Living from the Heart” paper.

James said this in “Living from the Heart”.


Planets and stars affect us, and, we in turn, affect them. This is the interconnection of consciousness at the level of energy, or interwoven fields of energy that resonate, entangle and inform. It is like a symphony of sound and light waves that emanate from the CHEF (Collective Human Energetic Field), interacting with the symphony of sound and light waves emanating from Earth’s Geomagnetic Field (EGF). The two—CHEF and EGF—dance together in a reciprocal energetic exchange and it is for this reason that what happens with CHEF can either facilitate or hinder the earth’s ability to shift and evolve gracefully.

And James showed us beautiful image of electromagnetic field (EMF) of earth in EVT 1 session.



<http://www.eventtemples.com/>

In my opinion, EMF of earth is a manifestation of light body of earth. And I believe the electromagnetic field of the human is, at least, a part of the light body a.k.a. Wholeness Navigator which is the manifestation of Soul in the world of TimeSpace. I regard the electromagnetic field of human as a kind of signature of the light body which our technology can trace.



The Wholeness Navigator is a fragment of ONE soul, and it has a non-local effect on CHEF. We can affect the Earth by our Wholeness Navigator, and our Earth can affect our Sun by its EMF.

If this assumption is right, the WMM and Living from the Heart with its six heart virtues is an excellent method to ride out the Earth Changes upon us.

I believe this is the mature understanding and attitude to our critical moment and practice of WM's philosophy.

Dr.: This is exactly so, and my introductory message was not to diminish the effect we can have on our environment. Quite the contrary, for the FNH (Fukushima Nuclear Hazard) is merely a product of the earth's populace; with no nuclear plants we wouldn't face this ongoing – and it *is* an ongoing problem. Given the problem, we have to accept it for what it is, then we can work knowledgeably with it to overcome the problems it presents; the worst adversary is one hidden and unknown.


I am very heartened by the way in which so many Japanese affected by this tragedy have been responding from the heart frequencies in so many diverse and beautiful ways. The following heartfelt story is one example of a young boy who exemplifies the essence and power behind the paraphrased WM principle of “May the will of the one surrender to the will of all”:

This letter, written by Vietnamese immigrant Ha Minh Thanh working in Fukushima as a policeman, to a friend in Vietnam, was posted on New America Media on March 19. It is a testimonial to the strength of the Japanese spirit, and an interesting slice of life near the epicenter of Japan's crisis at the Fukushima nuclear power plant. It was translated by NAM editor Andrew Lam, author of "East Eats West: Writing in Two Hemispheres." Shanghai Daily condensed it:

Brother,

How are you and your family? These last few days, everything was in chaos. When I close my eyes, I see dead bodies. When I open my eyes, I also see dead bodies. Each one of us must work 20 hours a day, yet I wish there were 48 hours in the day, so that we could continue helping and rescuing folks. We are without water and electricity, and food rations are near zero.

We barely manage to move refugees before there are new orders to move them elsewhere. I am currently in Fukushima, about 25 kilometers away from the nuclear power plant. I have so much to tell you that if I could write it all down, it would surely turn into a novel about human relationships and behaviors during times of crisis. People here remain calm - their sense of dignity and proper behavior are very good - so things aren't as bad as they could be. But given another week, I can't guarantee that things won't get to a point where we can no longer provide proper protection and order. They are humans after all, and when hunger and thirst override dignity, well, they will do whatever they have to



do. The government is trying to provide supplies by air, bringing in food and medicine, but it's like dropping a little salt into the ocean.

Brother, there was a really moving incident. It involves a little Japanese boy who taught an adult like me a lesson on how to behave like a human being. Last night, I was sent to a little grammar school to help a charity organization distribute food to the refugees. It was a long line that snaked this way and that and I saw a little boy around 9 years old. He was wearing a T-shirt and a pair of shorts. It was getting very cold and the boy was at the very end of the line. I was worried that by the time his turn came there wouldn't be any food left. So I spoke to him. He said he was at school when the earthquake happened. His father worked nearby and was driving to the school. The boy was on the third floor balcony when he saw the tsunami sweep his father's car away.

I asked him about his mother. He said his house is right by the beach and that his mother and little sister probably didn't make it. He turned his head and wiped his tears when I asked about his relatives. The boy was shivering so I took off my police jacket and put it on him. That's when my bag of food ration fell out. I picked it up and gave it to him. "When it comes to your turn, they might run out of food. So here's my portion. I already ate. Why don't you eat it?"

The boy took my food and bowed. I thought he would eat it right away, but he didn't. He took the bag of food, went up to where the line ended and put it where all the food was waiting to be distributed. I was shocked. I asked him why he didn't eat it and instead added it to the food pile. He answered:


"Because I see a lot more people hungrier than I am. If I put it there, then they will distribute the food equally."

When I heard that I turned away so that people wouldn't see me cry. A society that can produce a 9-year-old who understands the concept of sacrifice for the greater good must be a great society, a great people.

Well, a few lines to send you and your family my warm wishes. The hours of my shift have begun again.

Ha Minh Thanh

Rather than an act of "self sacrifice" though, this was an act that *understands the equal importance of all* especially when it comes to matters of life and death or hunger and starvation. This child *understood* that no life is more important than another. How could he be happy acting in a way that may lead to him living and another dying? Besides there is, when all pull together, as the tug-of-war game shows, a strength in numbers that is far more effective than when everyone pulls individually. The child's *understanding* led to another finding the strength and beauty of *humility*, and just the reading of this story brings *compassion* to the surface of our lives. It's a beautiful example of how the heart virtues work in concert to help us best come to terms with the volatile situations of these tumultuous times.



The writer notes he has also learnt much about “dignity and proper human behavior”. This is the very essence of the heart frequencies expressed in human relations. It is magnificent to witness Japan teaching the world how to handle such unmitigated disaster as it has stricken you in this triple mega-disaster, for there will be many others in the future that will face similar ordeals and these now have a behavioral model to look to and remember when their time comes.

No doubt you also read the Kyodo news article “US medical group blasts Tokyo radiation policy on Fukushima children” in which Physicians for Social Responsibility (a U.S. nonprofit organization of medical experts who are part of the International Physicians for the Prevention of Nuclear War who won the 1985 Nobel Peace Prize) “condemned as ‘unconscionable’ the Japanese government's safety standards on radiation levels at elementary and middle schools in nuclear disaster-stricken Fukushima Prefecture.”

The PSR statement blasted the Japanese government position that the school playgrounds were safe as long as the children were not exposed to over 20 millisieverts (mSv) a year, a dose that is almost 4 times the USA occupational limit for pregnant women and equal to the maximum dose allowed for Canadian nuclear workers. Children are far more delicate and at risk to radiation than adults, and this was just radiation emissions from the soil going into the air. Was it thought these children would never put their hands or fingers in their mouths or noses after playing on the ground and thus end up with internal radiation which according to informed nuclear scientists is 10 -1000 times more dangerous than radiation in the air?

Returning to the above outcry: In response, the Prime Minister’s advisor stepped down in protest over the government’s stance and *valiantly* stood alone urging the government to toughen guidelines on upper limits on radiation levels that the education ministry had recently announced for primary school playgrounds in Fukushima. The children’s mothers followed suit; they *valiantly* bagged up the radioactive dirt and dumped it in the local government office. I do not know their thoughts but in the West such an act effectively says, “If it is safe you have it.” This changed the government’s perspective. Such acts of *valor* are very effective. You will note also that what these mothers did was exactly what we hinted at in the previous WM supplement when I asked, “When the anima stands up in the near future saying ‘enough!’ how will the animus respond?” In this case the masculine (animus) government backpedaled (or reversed its stance) stuttered, stammered and tried to excuse themselves saying it wasn’t them but someone else, thus attempting to divorce themselves from the government’s decision, but it paved the way for possible change.

Then there is TEPCO. It is easy to find fault with TEPCO and perhaps one must, yet it is difficult also not to be moved -- the West was -- by their heartfelt *humility* when they knelt and bowed before local residents asking for *forgiveness*. Western correspondents asked, “What Western company

would behave in such a heartfelt way bowing and asking for forgiveness?" They knew the answer would be, "None." So even TEPCO can cause us to reflect and come into contact with our true nature through adherence to the heart virtues. Obviously this is not the only issue TEPCO have with the public, but it provides all with a far more stable base for communications to begin from when coming to terms with such serious problems. As Japanese, you know better than I the likely response had TEPCO not responded from the heart in this way.




Masataka Shimizu, center, president of Tokyo Electric Power, and company officials knelt to ask forgiveness of residents in a shelter in Koriyama. April 26, 2011

<http://www.nytimes.com/2011/04/27/world/asia/27collusion.html?src=tptw>

While we may feel and voice criticism toward TEPCO for being responsible for this disaster we all nonetheless feel an immense and undying *gratitude* to the workers there for their outstanding *valor* in working on the plant in the radiation zones at Fukushima. The disaster would have been an absolute catastrophe if they had not *valiantly* gone into the grounds and plant to try to control the situation. These workers have put themselves in very real danger to help all in Japan cope with the grave situation. They too have *understood* the importance of *all rather than the one*.

I'm sure you can find many other examples of the heart frequencies in action following the triple disaster. It is often when the hardest blows come that people turn to the heart frequencies for rescue or refuge, but if we do so beforehand and carry them with us daily they help smooth our way through what you call these transitioning times.



My sincerest wishes go out to everyone as we face the present and future challenges. Especially for all those traumatically affected; may you find recovery, healing and the rebuilding of a safer and better Japan in safer areas and may your lives bloom and blossom once again. The inspiring Cherry blossoms' beautiful, fragile and delicate existence soon falls away to be trampled underfoot, yet it forever rebirths and blossoms anew reigniting our dreams, endeavors and accomplishments. So shall you.

shima: Thank you very much for commenting , Dr.

Next, I want to discuss about the Animus.

From long thought on this Event, I verified the fact that the WMM is very sophisticated, prophetically encoded information. Because this event occurred precisely 2011, not 2010 or 2012, and this FNH has a strong and clear correlativity with the Animus.

I believe I have reached the final answer to the prophecy of the Animus, at least for myself.

WMM is the encoded myth. And as you emphasized in your Semiotic study, we had to think of the term in its original language.


The Animus of WM mythology is the soulless ET.

animus is the term from Latin. And Soul is *anima* in Latin. (*anima* is feminine noun of *animus*)

And *animus* contains mind, *anima* contains emotion in the meanings.

I think *anima* means the Heart Intelligence in the WM mythology.

Dr. Exactly, the anima is needed now to balance the overt animus energies prevailing. We should remember, however, that anima is not actually mentioned in the WingMakers philosophy. In 2011 we saw the opening salvo of the Animus, but it has many faces. Another is the financial, economic and political factions coupled with big business that are moving forward into greater attempts of control over a civilization they see drifting away from their grasp. We saw these animus forces come onto the world stage in 2011 as Europe and then others are engineered into a possible economic and possibly also political default.




Another is the European Space arena where scientists are now planning to rendezvous with the asteroid Apophis to see if it will indeed crash into the earth or can be pushed away by scientific means. This is actually good news, so far, though safety is not yet guaranteed. It was absolutely necessary that scientists act early on in preparations to possibly deflect this because later it will be too late to engineer practical deflection plans. Happily our scientists *did respond in the year 2011*. This is good news. Had they not done so we would almost certainly not have enough time to prevent an impact if one is on course – which is actually extremely difficult to tell, although Meier says it is on collision course while the public, of course is being told we have only a 1 in 40,000 odd chance of impact. The massive CE incoming this year will impact gravity waves and this may result in the former calculations for Apophis being off the mark. If Apophis does impact, it will cause tremendous loss of life, climate changes and geological upheavals. Of course, nowhere near all life would cease and the world and most of its countries will go on. I am sure that this is one of the encoded meanings of the animus; the invader from space. We are so far doing, and *in 2011 we did*, what we should to avoid this, but the outcome is not yet decided.

shima: From these things, my final answer to the Animus is that the Animus is Humanity ourselves that lost the Heart Intelligence, at least lost the balance between mind and heart.

Dr.: Yes, it is always good to exercise such self reflection to see where the animus is within each of us so we can keep it in its rightful place. The Animus as mentioned in the WingMakers material is more than we humans alone though; the animus is any life form that lacks the heart and soul/spirit frequencies. It is cold, calculating mind, unfeeling, and fearful of its own demise. Nuclear fission and detonation evince the essence of this. Nuclear power is the most destructive method of producing energy known to man; and it is a cold, indifferent technology that under the hands of man consistently and completely denies the deadly problems it poses and presents, from the stealth deaths it produces to the problems of storing its killer material for well over 24,000 years. It is difficult to imagine what greater problem humanity could really create for itself.

Actually we have just heard as 2011 ends that Catholics of Japan have united to advise the abolition of all nuclear power in Japan as yet another aspect of the anima stands up in valor.

The animus within those that have power on earth began to stride boldly forward in the year of 2011. As you mention, it has come forward technologically via nuclear disaster; and we can see it now coming forward as power brokers move in attempting to take over the reins of power internationally on an unprecedented scale. We have just seen the democratically elected heads of Greece and Italy replaced by bureaucratic heads within the financial power league positioning themselves to potentially govern over Europe, and it will move on to the USA and the entire world this and the next two years, and I seriously doubt Japan will not be affected and included. We are witnessing the



opening salvo and this will heat up this and next year. I am not a follower of him, by any means, but here Nicholas Farage stands up and as an example of the good aspect of the animus valiantly speaks out against some of the lackeys of overt power who plan the downfall of nation states in Europe so that they can rule unelected over a future European empire:

<http://www.nairaland.com/nigeria/topic-806923.0.html>.

<http://www.zerohedge.com/article/nigel-farage-european-parliament-euro-game-just-who-hell-do-you-think-you-are-you-are-very-d>.

It is a massive power grab by the power elite not just in Europe, but the Middle East, Asia and the USA, because they fear, correctly, that they are losing the opportunities for the total control they want and so they perceive the need to act now.

Remember James wrote in “The Energetic Heart” that the animus work through those who seek and want power here on earth. We see them now going for economic control and control of the world’s resources. They have been buying literally tons of gold and other precious metals recently because of the plans they have for currencies and they are preparing big moves in the oil sector too.


Ultimately, on a personal level, the animus is as good as the anima; we need both in balance. We actually need the animus to stand up and demand, for example, safety from nuclear power and especially for the children at risk here in Japan. This would be an act of the animus in balance with the anima.

Those who succumb to the seduction of power, however, have lost all balance and allow the animus to run riot within themselves and ultimately throughout the world:

[T]he Animus are a part of the mythological expression of Lucifer, or evil incarnate. They operate in conjunction with organizations bent on the control of earth and her inhabitants. They are not exclusively extraterrestrial; they are here among us.... By the standards of good and evil, they are evil because they believe in the supremacy of the mind and its abilities to engineer social and economic outcomes for their benefit by manipulating the masses of humanity and exploiting the planet’s resources (James “The Energetic Heart: Its Purpose in Human Destiny” 2005).

***Animus**—The Animus, as depicted in the WingMakers Materials, are a synthetic extraterrestrial race that desire to become soul carriers. They lack the biology and sensorial system to house the subtle frequencies of a soul. They desire to engineer their race’s future genetics with the help of human genetics. Because of their superior mental capacity, they have become aligned to the economic powers on earth—as advisors and technology enablers (James “The Energetic Heart: Its Purpose in Human Destiny” 2005).*

shima: In the extra edition of WMS, I said that the keystone for rebirth of Japan is Living from the Heart and Spiritual Activism. I strongly believe in this calamity Japanese people indicated the most important way to stand up to and triumph against chaos is to live the Six Heart virtues.



Dr.: The people in Japan have done this in a truly magnificent manner. It has been a true inspiration for the world to witness.

In as much as nuclear power might represent in one way the animus it also represents the fall of the animus. The government and nuclear industry are foolishly trying to protect a nuclear economic status quo even as economically the nuclear model has irreparably broken down, at least in Japan.

shima: And I found that Quantum Pause technique has great availability to the activation of the Fluid Intelligence.

As one of disaster victims, I experienced this event and knew that the most critical thing to survive in the ultimate circumstance is the Intuitive Intelligence, not normal pattern of thought by mind and experiences.

Dr.: Due to your direct involvement you have come out in front of others here. In the future many others will be learning in the coming years and decades that the way forward is through the intuitive intelligence. It will be the most reliable source of contact and information at times. As such it is something we all need to develop as much as possible.


In fact if the CME really hit hard this year our electrical systems could all go down: no cell phones, no computers, no email, no heating, and almost no transportation. In the worst case scenario the intuitive intelligence is without doubt your key to communications and information. It is not known how bad the CME will be in 2012, and it may not be until the end of the year that we feel the full brunt of it. So we need to be prepared.

shima: I would like to discuss the role of collective consciousness to these natural calamities.

James said this in answer 4 of Project Camelot Interview.

The phenomena that our senses perceive, whether it is pole shift or a 9.0 earthquake, remain inside the Human Mind System (HMS). Phenomenon is deception.

This is one of the topics in the interview about Time Travel, but, according to some information, some ancient civilizations, e.g. Atlantis, perished by disruption of the human collective consciousness. As for Atlantis, disastrous earthquakes occurred by disruption of the human collective consciousness.



In my insight, the physical world appears as a kind of metaphor of the non- physical world.

The huge earthquakes of 3.11 were brought by disruption of earth tectonic plates. It is a great wonder that Japan is located on the convergent point of 4 plates of the earth.


If Atlantis was perished by convulsion of nature which was brought about by a skewed collective consciousness, we could see that the 3.11 huge earthquakes also occurred by the skewed collective consciousness of humanity.

I could not say which plate is animus, but these 4 plates might represent animus/anima, or mind/heart, or the clash of eastern and western worlds, or Southern and Northern hemispheres.

Dr.: *“The phenomena that our senses perceive, whether it is pole shift or a 9.0 earthquake, remain inside the Human Mind System (HMS). Phenomenon is deception.”* When James says this he is speaking from the Sovereign Integral perspective which he is always attempting to align humanity with. We must always realize from what perspective a person is talking. To the human body and person that must live on the earth these phenomena are absolutely real. The point James is making, in my opinion, is that there is the all-important aspect of ourselves that is beyond all of this, and it is our Sovereign Integral. This is what we should be aligned with not what is happening in the physical world, though we must be aware of and in tune with that too. The human being forever finds itself in this dichotomy; and its answer is to be aligned with the Sovereign Integral consciousness.

The collective consciousness is involved in this, but there are also just natural geological events that occur naturally on a planet; and then there are such calamitous events that occur due to the actions of humanity arising from its thinking and consciousness. Geological upheavals like earthquakes are a natural part of any planets evolution, and of themselves are not part of the animus as mentioned in the WMM, but the animus elements of humanity that have raced ahead with materialistic developments like extensive oil, gas and metals underground mining, together with massive dam and reservoir building, deforestation, and heating caused by our ever burgeoning population continues to exacerbate the severity of these problems. Our overt global warming, that part created by 7-8 billion human beings struggling to survive here, makes for ever more serious disasters as the world attempts to find balance from this animistic rampage against it.

This of course, includes wars. Even now the US has warned Iran that if it goes ahead with its nuclear



program the US will go to war with Iran by October this year. Iran, for its part is unwilling to back down saying it is merely developing power for peaceful means and it only wants what the US and other nations already have; and it is now planning to shut off the Straits of Hormuz that currently represents the doorway to around 20 - 30% of the world's oil supply, and militarily Iran has its joint defense treaties with both China and Russia so any war antics by the US against Iran could easily ignite into a full-blown world-wide conflagration: WWIII. This does not have to happen, but we have seen the stage set in 2011 for this and 2012 – 2014 may prove the decisive years as to whether these animus energies gain the ascendant or the anima come forward and defeat the animus. The WMM, of course, effectively says the latter. As James quotes from *Liminal Cosmogony*:


When the Animus believe they are entering the mansion of earth, using keys of the intellect, the Tribe of Light will enter through the backdoor, sealing the entryway and windows with a frequency that no intellect can unlock. The Animus will struggle to prevail, but having hearts that have withered they are drawn to the lower fields prepared for them, while the mansion of earth graduates into a meadow of grace and calm from which the soul of man can rise (The Energetic Heart: Its purpose in Human Destiny, 2005).

The animus are already on the retreat; the power elite of this planet who have aligned themselves with animus energies have, in my view, had to put back their plans for two years due to the populace waking up to their diverse and nefarious planned agendas at this time. What they had planned for 2011 – 2012 has now been put off to 2013 – 2014.

Atlantean calamitous events were also, as I see them, partly a result of direct conscious decisions (consciousness) by certain scientists with the power at their disposal deciding to use technology to wage wars and calamitous events against each other. Meier has said even meteors were dragged in and essentially hurled at opposing camps.

Consciousness, of course, plays a key role here. The 3/11 quake was also likely partly created as a result of our continual extraction of oils, gasses and minerals from beneath the surface of our planet, and redistributing these immense weights to different locations. Japan has imported literal mountains of iron ore from Australia and dumped them on its earthquake prone islands. This is obviously not conducive to stabilizing an unstable area, quite the opposite, and the cause of this is demand (consciousness) due to the ever growing global population. While the population grows so will the demand for these resources together with the heavy burden on our world's ecology and so the earthquakes and disasters will continue to grow both in frequency and magnitude if the world's population continues to increase unsustainably, though this, of course, is not the only reason for such disasters.

Japan is unfortunate, sitting, as it does, at the junction of these four plates. The plates seek to find their balance, but other than this I do not see them as representing the animus, anima, mind, and heart. Central and northern South America also sit at junctions of many major plates. These are



primarily geologic formations and subject to physical tectonic forces, but when a planet has several billion people on it they will have a definite effect in many ways both direct and indirect on the occurrence of such disasters as earthquakes, volcanoes, landslides, avalanches, floods, super storms, cyclones and tornadoes. The consciousness of so many people affects these and so does the physical presence and activities of the swarming masses of people.

Overall, the consciousness of deciding to have more children builds the population which then impacts the environment in unsustainable ways. Of course, China and Japan are two countries that with their declining birthrates are not contributing in this way to the problem. The consciousness in Japan and China is towards having fewer children and this is a great help for our planet, but we can see the resultant economic problems that result for these countries given our un-mathematical and current hopeless economic system.

If I haven't satisfactorily answered your points on the collective human consciousness as it relates to these disasters please ask further. I sense I may not have. It is a large and complex issue.

shima: In all honesty, your answer is different from my anticipation a bit. I assume our directions of thoughts were different.

However, I had never thought about relationships between human collective consciousness and natural disasters in such a way. And yes, I feel your explanation to be reasonable.

What I evoked to this theme was, in fact, what was closely related to the BST.


This is a quotation from many sources like BASHAR. I like this expression.

"This world is a kind of dream created by human beings collectively."

If this might be the truth — James also said this in Project Introduction of Event Temples, *"Everything that exists in the physical realm is actually a metaphor for its energetic equivalent. So we live in a world of metaphors and meta-forms"*, I believe the real condition of the physical world is the projection of Human collective belief or collective consciousness. In short, this field of vibration is the descent of Source Reality by Human consciousness.

I guess, BST might be re-creating continuously this "a kind of dream" created by Human being collectively, but this is my hypothesis.

Dr.: Your belief here is exactly so. Everything we see around ourselves in the urban landscape and our homes is a product of human consciousness, inspired ultimately via Source Reality. All things are created via action and all action, as the Buddha said, is preceded by thought, and all thought is



preceded by consciousness. Humans need consciousness for their thoughts to manifest. The human, however, should not be marginalized in this process; the human instrument is of vital importance. Source Reality cannot create these things on its own. The human instrument is here to do precisely these things which Source Reality cannot do because it is so removed from the physical realm.

Just because the physical realm is a metaphor for its energy equivalent and “a kind of dream” does not mean the physical realm is not real. We have incarnated to develop both our wisdom, and our consciousness as well as to evolve physically, emotionally, mentally and spiritually. This can only be done in this particular way in the physical. The dream is real while dreamed; and the metaphor expresses a reality differently from its commonly accepted interpretation. In this way the physical is like a dream; when viewed from a different perspective it takes on a different persona.

shima: LERM is such a theory that if even one of components were changed, it affects the whole.

This is a large and complex issue, as you put it. I would like to discuss on this issue in Time Travel part 2, okay? This interview already has gotten so long.

Dr.: Yes, I think we have discussed this enough here for the moment. Let's return to this theme when we discuss BST, LERM and timelines in the next interview. I think it best you keep the timelines and LERM paper of mine for the next interview #9 as it is likely to prove of greater relevance there, as this interview #8 is really centered on 3/11 and the triple J disaster.

To briefly touch on events for this year (we can go into more detail later) I would advise everyone who can to stock up on batteries and other emergency supplies now while you can. If we have excessive CME (corona mass ejections) this year and we may well have, especially near the end of the year, we could experience substantial complications with electrical systems and our own local power supplies. Be sure to slowly and quietly stock up on all kinds of supplies while they are in the stores *now* so that there will not be a rush on supplies if or when events turn that way.

The following is a list of things to ensure one is supplied with *now* which can be bought without causing any supply problems – in fact, if anything, it will help boost business and restocking of such supplies for the year by suppliers and distributors, and this would be a very good thing:

All sizes of batteries and rechargeable batteries;

gasoline;

cooking fuel;


any medications you or loved ones might be taking;
cash to pay all 3-6 months regular bills (ATM machines could be out and banks closed);
water for drinking 15 liters or more and bathing (save bath water for recycling in the washing machine each week so you always have some on hand to wash or flush the toilet with);
H2O2, hydrogen peroxide or *kasankasuisho* for purifying water and treating cuts, grazes and bruises;
canned food and dried food;
tough bicycle (public transport and gasoline stands could be out);
telephone cards and analog phone (know where the nearest are in case cell phones are out);
emergency radio, battery powered or hand cranked (preferably world-wide reception);
a back-up generator if possible;
plastic buckets and tanks for relaying water;
toilet paper and tissues;
vitamins and minerals, miso, seaweed and green tea for three months;
reading material (all WMM files printed out for reference, and uplifting and practical reading books);
pet supplies (2 months) for any pets you have;
be prepared to disconnect any and all electrical home apparatus when you hear a major CME is coming (unplug computers, TVs, air conditioners/heaters, microwaves etc to prevent them from blowing).

This list is taken from the pdf file “Solar Storm Disaster Preparedness Plan” by James A. Marusek (*Impact* 2007). Further details can be read there. See link: evworld.com/pdf/marusek_solarstorm.pdf. I think you can see or download it from here too, which might be more useful for Japanese readers: <http://www.pdfio.com/k-867223.html#> .

Also there is the scientific “Solar Strom Threat Analysis” by James A. Marusek (*Impact* 2007) which covers thoroughly the threat we may be facing from a scientific standpoint. See link: <http://www.breadandbutter-science.com/SSTA.pdf> .

These two papers should provide you with enough to prepare for and know what may be coming. There is, of course, more that could be coming, but this should suffice for now. Later in the year we can take another look and answer any readers’ questions.

In addition to the above CME preparedness list, do, just for safety’s sake, ensure you know where



you can go in order to be approximately 15 meters above sea level. If you live in Tokyo remember scientists have said an aftershock is expected and this could affect Tokyo. They recently announced a 70% probability for a large quake in the Tokyo region within the next four years. Billy Meier has also said a very large quake much closer to Tokyo will impact Tokyo more than the triple J disaster we have discussed in this interview. Benjamin Fulford and others are alleging that “another M9 quake” will be triggered by an “undersea nuclear explosion” near Tokyo probably causing tsunami to hit Tokyo. The last two might be regarded as mere speculations, but, again for safety’s sake, everyone in Tokyo should know how they can quickly get 15 meters above sea level; that’s about the 5th - 6th floor of a sturdy building that survives any quake. Check places in your immediate vicinity that you can get up to within the space of a minute or two. If a large quake does hit just off Tokyo there would be little time for a tsunami warning.

My apologies for the delay in getting this to you, but as you can see there was a great deal to go over and it required a lot of work on top of my hectic daily duties.

Thank you for your understanding.

Stay true to and living from your heart.

Dr.

End of Session

NOTE

Disclaimer: This interview includes many scientific analyses and opinions from abroad. They might have differences from the Japanese government and TEPCO, but by integrating the information from home and abroad, this interview could help Japanese people understand the FNH from a more global perspective. Readers can make up their own minds as to what they think on the matters presented. There is enough here for those interested to make their own future global inquiries. We do not anticipate discussing the subject further unless new nuclear disasters occur.